A Few Paltry Things

Things that might be of use wither in that bone cave – my breast.

They try to force a way into mind,

to turn

into words,

fly out of my mouth like butterflies, like seeds, like birds.

Tight lips

clamp down on them,

throat swallows

them.

They are imprisoned in my heart

and its beat stumbles over the one code that could set them free -

these few paltry things that might be of use.

Paddy Webb